

# Riverside

## ANTLER BREAKFAST

Be A 2024 Sponsor.  
Support the year-round operation of  
Fontbonne Ministries' Food Program  
at their Mustard Seed location!

Riverside  
BIA



Fontbonne Ministries

Join 2024 Santa sponsor

outline  
FINANCIAL

Dear Friends,

Now in its 13th year, the Riverside Antler Breakfast is raising funds in support of the year-round operation of Fontbonne Ministries' Food Program at their Mustard Seed location (791 Queen St E). The Antler Breakfast is a festive community event that will take place at the Ralph Thornton Community Centre (765 Queen St E) on Friday, December 13th from 8am to 10am. It's truly all about our local community and bringing everyone together for a good local cause.

As you can imagine given the rising costs of food and prevalence of food insecurity, Fontbonne Ministries' Food Programming at their Mustard Seed location - which has provided 15,000 meals over the last year alone to individuals facing adversity in our community (see attached info page for more) - needs support more than ever. **We would like to invite you to be supporter in 2024!**

Our 2024 goal is to raise at least \$10,000! Our 2024 Santa Sponsor Outline Financial has helped kick off the fundraising and we are seeking several essential "Santa's Helper", "Reindeer", and "Elf" sponsors. We are also seeking donations of items toward our Silent Auction.

### Benefits of Being a Sponsor and Sponsorship Opportunities\*:

- **Santa's Helpers (\$1,500)** will receive: recognition online and at the event, a logo spot on our thank you poster on the TTC Ad at Queen/ Broadview, and four complimentary Riverside Antler Breakfast tickets for your team (this can be donated to those in need if you wish!)
- **Reindeer (\$500)** will receive: recognition online and at the event, and two complimentary Riverside Antler Breakfast tickets for your team (this can be donated to those in need if you wish!)
- **Elf (\$250)** Recognition on our digital promotional campaigns and at the in-person event
- **Silent Auction Donors** will receive a digital thank you and recognition at the in-person event
- **Buy Tickets for your team** - To get tickets for your team purchase here:  
<https://riverside-antler-breakfast-24.eventbrite.ca>

\*Your sponsorship should be 100% deductible for your business (talk to your accountant) - payment can be made by credit card via Fontbonne Ministries webpage: <https://fontbonneministries.ca/donate> by cheque to 'Fontbonne Ministries' at 791 Queen St E.

For more information and to become a Riverside Antler Breakfast sponsor contact Jennifer Lay at the Riverside BIA (office@riverside-to.com or 416 466-8167).

Hailee Morrison  
Executive Director  
Fontbonne Ministries  
Mustard Seed location

Jennifer Lay  
Executive Director  
Riverside BIA

Ravi Yee Joshi  
Executive Director  
Ralph Thornton Community Centre



Fontbonne Ministries

### **About Fontbonne Ministries**

Fontbonne Ministries is proud of its 24-year presence in the Riverside community supporting individuals at various stages of life – some facing homelessness or precarious housing situations, others struggling to keep pace with the rising cost of living, and many grappling with social isolation and a longing for companionship. Inspired by the legacy of the Sisters of St. Joseph, we foster community and wellbeing through welcoming and inclusive programs ensuring access to essential services for people living in disadvantaged circumstances and experiencing stigma. As the cost of living continues to skyrocket, we witness an increasing number of people turning to the diverse programs we offer for support. Together as a community, we are not just providing services, we are connecting with compassion to individuals within our community.

### **Addressing the Need for Safe Space, Food Access and Community**

Since our beginning, our Mustard Seed site has always offered accessible safe space for socially marginalized people to access food and build community in an environment of respect and acceptance. Food has always been shared in our history to show hospitality and caring and which we recognize as a basic human right for all.

Responding to the growing need for food security, which significantly increased throughout the pandemic and continues to grow, our welcoming and barrier-free drop-in offers individuals a reprieve from the weather, a nutritious breakfast and community five days a week. As food prices have increased, more seniors and community members are struggling to pay their grocery bills, leading them to access a meal at our Mustard Seed location for the first time.



The connection between a full stomach and sense of well-being is something we understand. We focus on preparing meals that are nutrient-rich, incorporating veggies, fruit and protein into every meal and we do our best to accommodate preferences with vegetarian options and easily chewable foods such as yogurt and applesauce. A typical breakfast meal may include an omelet sandwich with eggs, onion, red peppers and cheese together with toast, cereal, apple sauce and bananas or fruit cocktail. Coffee and tea are always available. Individuals have the choice to eat in our drop-in space or take their meal outside to enjoy in our courtyard, weather permitting.

*"Someone told us about the meal program at Fontbonne Ministries – he really talked it up and he wasn't exaggerating! The food is delicious. Being a vegetarian, I appreciate the variety of the menu and home-cooked meals. We've been regulars at the drop-in since the Fall, receiving breakfasts and information from staff about other community resources."* –Jesse & Harry

**Over the last fiscal year, almost 15,000 meals have been provided to individuals facing adversity in our community.**



### **Good Food Market**

In collaboration with FoodShare Toronto we run a weekly Good Food Market (Wednesdays 2:00 – 4:00 pm) helping provide access to local produce at affordable prices to those most impacted by food insecurity in our Riverside and Leslieville neighbourhoods.



**Over the last year 1,433 customers have visited our Good Food Market!**